**Unit 4**

**Parts of Meals: Courses**

**Vocabulary**

A COURSE is a part or stage of a meal often served formally and often described according to the main food provided. So we speak of fish course or meat course. The number of courses in a meal varies according to the formality and the size of the meal. We can say:

*3-course meal, 5-course meal*; *first* / *second* / *main course*

*That restaurant has excellent 3-course meals for very reasonable prices. We’re having fish for the main course.*

Here are the names of the courses:

hors d’oeuvre | several types of tasty food offered in small quantities at the beginning of a meal.

appetizer (starter) | a small serving of juice, fruit, seafood, etc. at the beginning of the meal to make people want to eat.

soup | usually the first course in a formal dinner (or meal).

farinaceous | dish prepared from °our (such as macaroni, spaghetti, etc.) or cereals (rice, corn, etc.), and served with melted butter, cheese and various sauces.

eggs | garnished egg dishes.

fish | the fish course in a formal meal, usually served after the soup and before the entrée . Nearly all kinds of fish can be served but without complicated garnishes.

entrée | (US) the main dish of a meal; (UK) at very formal meals, a small dish served just before the main part.

This is a dish of meat, game or poultry which is not roasted or grilled. Vegetables are not served with an entrée if it is followed by roasts with vegetables. Entrée dishes are usually light, small and garnished.

main (meat) course | roasts and grills usually served with vegetables and / or a salad.

sweet | sweet food served after the main course in a meal.

savoury | something pleasant to eat, a delicacy, but with a salty taste; the last course in a formal meal.

cheese and biscuits | a selection of cheeses and biscuits, esp. served at the end of a formal dinner.

dessert | fresh fruit of all kinds and nuts.

coffee | the last stage of most present-day European and American dinner parties, where coffee is taken either at the table or in the living-room.